



*We envision a Jamaica where students are inspired and empowered to succeed and to positively impact their community.*

## STUDYING HABITS AND LEARNING STYLES ASSESSMENTS

Studying is a key component of student success in examinations. You must learn how you learn to gauge how you study. You can complete the assessment, here:

<http://www.educationplanner.org/students/self-assessments/learning-styles-quiz.shtml>

You will need to have a reflection on your assessment's results and decide on studying habits. You can categorize them as such:

- Habits that you will start this year
- Habits that you are considering starting this year
- Habits that prevent you from success in studying

You must make sure to state the learning style