

PERSONAL VALUES

Most businesses and countries have a series of core values that guide their lives and development. Core values are the fundamental beliefs of a person or organization. These guiding principles dictate behaviour and can help people understand the difference between right and wrong. Core values also help companies to determine if they are on the right path and fulfilling their goals by creating an unwavering guide.

Why do you need core values? Well first, you have core values that you already live by. This part of the reflection is to assist you identify 5-10 core values that you live by and will ensure that you are accountable to it. You will be required to not only identify these personal traits but to provide a brief description of why you chose those values (a maximum of 2 sentences).

Here is a list of core values to ask yourself if you live by. The list is not exhaustive, and you can feel free to include some of your own.

- Dependability
- Reliability
- Loyalty
- Commitment
- Open-mindedness
- Consistency
- Honesty
- Efficiency
- Innovation
- Creativity
- Good humour
- Compassion
- Spirit of adventure
- Motivation
- Positivity
- Optimism
- Passion
- Respect
- Fitness
- Courage
- Education
- Perseverance
- Patriotism
- Service to others
- Environmentalism

Sample

- **Conscientiousness-** In both senses of the word, I am a thorough and careful individual in my work, which is necessary for the future to increase accuracy and minimize errors.

I am a person with my conscience governing my actions. I can make my decisions for the greater good



We envision a Jamaica where students are inspired and empowered to succeed and to positively impact their community.

- **Integrity-** We must behave in an ethical manner and do right things despite the attractive rewards of doing illegal stuff. We ought to be honest and sincere in our action
- **Respect-** It is important in the way I conduct my interpersonal endeavours that I learn to respect and display proper ethics and moral behaviour for self, property, and others. Use of respect will create stronger bonds with colleagues and other associates
- **Creativity-** In the industry of my choice, I must have a creative mind to determine and evaluate possible solutions to any problems
- **Efficiency-** We need to be efficient in time and resources to be an effective asset to my country. The faster I can work and the better-quality work with small resources, the faster the government can process cases, and the guilty receive their punishment.
- **Selflessness and Patriotism -** I believe if I want to would like to be an asset for society. I want to offer services free and offer all my resources to improve the judicial sector. I must be able to represent my country and stay to help to build it up.
- **Perseverance-** I must not falter in my journey towards success. Despite the increase in pressure in my life, I must remain determined for all challenges